

From: Samia Arroyo

To: admin@naturaleater.com.

Dear Nicole,

Thank you so much for your email and for your generous gift of the six months free access to Geoff's Bond Briefing and its archive. I will certainly make good use of it.

I am very happy to tell you how I learned of your and your husband's work. I am one of those people who is constantly in search of the most natural (healthiest) way to eat. For many years I have felt that most, if not all, of our illnesses are the result of the foods we eat. I have been on my own personal mission to eat as naturally as possible, and to convince my husband and loved ones to do the same. I do the same with co-workers. I constantly read everything I can find online regarding food and health. Whenever I would have discussions on how the foods we eat may be harming us, someone would always ask how it could be that so many people are getting sick from eating alot of the same foods which we have always eaten. I would answer that perhaps the problem is from alot of the foods which we have *always* eaten. People would argue that it could not be, as these foods had been eaten by our parents, grandparents, and so on. Your books answer all the questions and give all the facts.

One day recently, while searching for websites with information on eating naturally, I came across your "naturaleater.com" website. Actually, I had been searching using the terms, "eating naturally" and "eat naturally", and other similar phrases, but had never come across your website. So it was just by chance that I used the words "natural eating" and your website came up. I had never seen it before but as soon as I started your read I knew that I had found exactly what I was looking for.

I downloaded the first book, "The Natural Eater" and read it in record time. Before I was finished I went to a book store to buy "Deadly Harvest" but they were out and ordered it for me. I told my husband about these wonderful books and how I had found all the information necessary for us to eat the way we were meant to eat. But he is someone who is not easily convinced of anything. So everyday, as we drove to work, I would read a little to him from "Deadly Harvest". He was hooked in two days. That was about five weeks ago. Since then we have both been eating "The Bond Way". We have both lost weight and continue to do so. We were already eating alot of fruits and vegetables, but never knew of the health dangers from eating grains, dairy and legumes. I would say that we have now become purists.

I tell everyone I know about your books and this natural way of eating. You would not believe how many people are interested in knowing all the valuable information in your books. After telling a cousin about your books, she ordered "Deadly Harvest" for herself. When a friend came to visit her and started to read it she begged my cousin to let her take it home with her. My cousin has now ordered another copy for herself and four more copies for each of her children.

The four copies of "Deadly Harvest" which I ordered today are for one of my sons and my three stepsons. The one copy of "Healthy Harvest" is for me! I am really looking forward to receiving them, as are my son and stepsons. Your books are truly "life-changing" and I thank you so much for writing them.

Sincerely,
Samia Arroyo