

Breakthrough

Programs to reduce employee
sickness & health related costs

Are your health
related costs
increasing faster
than profits?



- Improve employee efficiency and reduce absenteeism
- Convey the image of a caring employer
- Have a happier and more contented workforce

SOME POPULAR PROGRAMS

Everyday Radiant Health (1 Hour)

Reduce employee time lost due to colds, flu, infections, hay fever, allergies and headaches.

Stress Busters (1 Hour)

Improve performance using simple techniques to slash stress-related sick leave. Staff cope better with long hours and even late nights and hangovers.

Weight Control (1 hour)

Improve company image and productivity with an alert, svelte workforce. No more mid-afternoon slumps!

Superwoman Secrets (1 hour)

Original insights about balancing work, home and family; strengthen women's ability to cope with the demands of the workplace.



Employee health costs are escalating!
We help you break the trend and reverse it.

Additional Tests and Techniques

- Iridology: detect hidden disease by study of the iris
- Live Blood Analysis: detect dietary trauma and organ malfunction
- Cholesterol testing
- Body Composition Analysis (fat, lean muscle and water)
- Iron analysis
- Glucose testing

BREAKTHROUGH PROGRAMS

- Drive Down Health Care Costs
- Customized Motivational Workshops
- In House Catering Tune-ups
- Complete and Innovative Educational System
- Keynotes, Workshops and Spouse Programs

OUR APPROACH

Our presentations are **FUN**,
PERSUASIVE and **INTERESTING**.

We **MOTIVATE** people to move their
behaviors in the right direction.

Our program participants get **3 KEY**
IDEAS that they can use right away.

We do starter
talks, workshops,
group sessions,
one-on-one
coaching and
much more.
Programs can be
tailored to fit your
schedules from 1
hour to whole
days and week-
ends.

OUR POST-PROGRAMME SUPPORT

We do not leave you on your own when our presentations are over. We have a full suite of material for the continuous maintenance and development of life skills.

- Educational Packages
- Articles for Client's House Magazine
- e-mail hotline support
- Videos of the presentations for participant revision
- Individual Consultations

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Geoff Bond, nutritional anthropologist, is a leading authority in his field and founder of the Natural Eating process. He is a specialist on what it means to be human in lifestyle terms. At the forefront of scientific research, he brings clarity to the conflicting messages that bombard us all. He reveals the vital secrets that can be used immediately to improve health and longevity. Passion, authority, and charm best sum up this accomplished and popular international teacher and speaker.

- Science honors graduate of London University.
- Best selling author of several books and TV and radio talk show personality.
- Coaches on the complete process for living in harmony with our naturally adapted lifestyle.

Geoff on the web: www.naturaleater.com



Caroline Mansfield, naturopath, is Founder and Managing Director of the Naturopathic Clinic. Her enthusiasm and vibrant health motivate her audiences to make positive, life-enhancing changes to their lifestyle. She opens their eyes to the media's deceptive messages which contribute so subtly towards their ill health. Caroline is also a specialist in the original technique of Live Blood Analysis (Hemaview). This is a powerful system for revealing causes of mystifying symptoms by microscopically examining deformed cells in a blood droplet.

- Qualified Naturopath
- Certified Hemaview Consultant
- Emotional Healing Therapist



Jessica Holdsworth, naturopath, is Senior Consultant at The Naturopathic Clinic. She is also a widely-read features writer. Jessica trained as a naturopath in South Australia where natural medicine is a respected and growing industry. She has many years experience in the health and fitness industry, working with a wide variety of people. Jessica believes that health is more than just the absence of disease; health is consistent energy, emotional freedom, and a feeling of overall well-being. She devotes her own exuberant energies to promote the same positive state of wellness in her followers.



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CLIENTS SAY

"Your presentation to some 150 staff and parents was eye-opening, amusing, fascinating and incredibly informative. Your original insights really sparked their interest."
Don Harper, Principal, Eaton House School, London